



Please follow these instructions for proper temporary crown care after Veneer preps

FOOD:

NO hard, chewy or sticky foods on the side where the temporary is! If you have the temporary in the front do not bite into any foods. Be sure to break or cut your food into bite size pieces.

BRUSHING AND FLOSSING:

Brush area well and keep the tooth as clean as you normally would. We highly recommend a Waterpik to help with your gum tissue and to minimize bleeding when we cement your permanents. We also recommend using Closys mouth rinse 1-2 times a day to reduce bacteria.

NO flossing your temporary this will cause dislodging of the floss and or your temps to pop off.

IF YOUR TEMPORARY CROWN COMES OFF:

CALL US IMMEDIATELY!!! (208)895-8486 although the tooth may feel “okay”, the tooth can shift (move) causing the permanent crown to not fit properly. If you aren’t able to get in right away, a denture adhesive is a great way to hold the temporary crown in place until we can see you, there is also dentatemp you can find that at Walgreens for a temporary cement. If you are unable to put it back on someone from McRae dental will be more than happy to cement it back on for you.

Do NOT re-cement your temporary crown with super glue! Super glue can cause the temporary to bond too well to the tooth and cause the tooth to break when removing the temporary.

Temporaries can also discolor or have a blue/ black look to them over time. NOT to panic, this is an overgrowth of bacteria that we will remove when we take your temporary crown off. You can swish with Hydrogen peroxide to help maintain the discoloration from happening.

PAIN:

You may experience some discomfort after the anesthetic wears off and your tooth may also feel sensitive to hot or cold until we get your permanent crowns cemented in place.

Any over-the-counter pain medication you take for minor aches and pains should help alleviate the pain. If your regular over-the-counter medication does not help with the pain please call our office for further instructions.

BITE FEELS OFF:

IF your bite feels “off” or “not even” be sure to call us so we can make an appointment to adjust your bite. Biting too hard on a tooth can cause your tooth to ache and or bruise.

***Contact McRae Dental if any questions or concerns (208) 895-8486**